

Information for Students

Introduction

The Division of Chronic Disease receives several requests from students throughout the year for data or information about diabetes, cardiovascular disease, asthma and other factors related to chronic disease.

Most of the information students are looking for can be found on the Internet. There are several web sites that provide North Dakota and national data. Links to many of these sites are listed below.

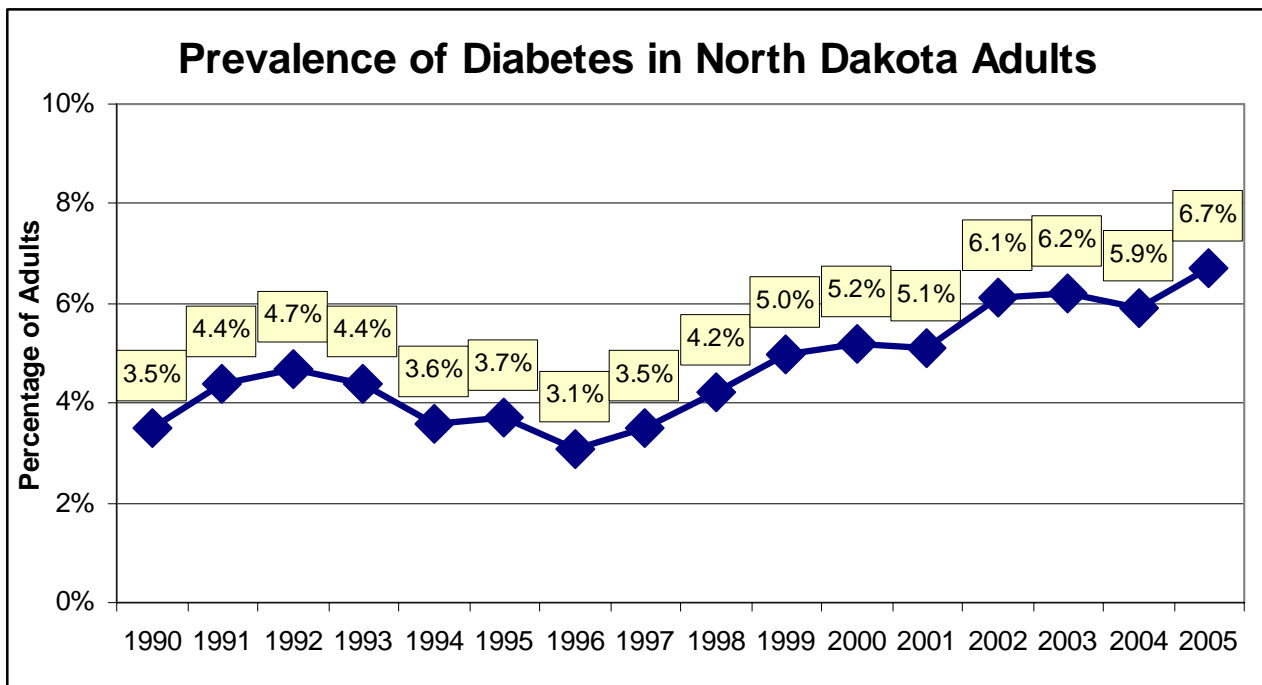
Also below are the most current North Dakota prevalence statistics for diabetes and cardiovascular disease.

If after reviewing the recommended web sites you are still not able to find the information you are looking for, contact:

Kathy Moum
Chronic Disease Epidemiologist
Division of Chronic Disease
North Dakota Department of Health
kmoum@state.nd.us
701.328.1983

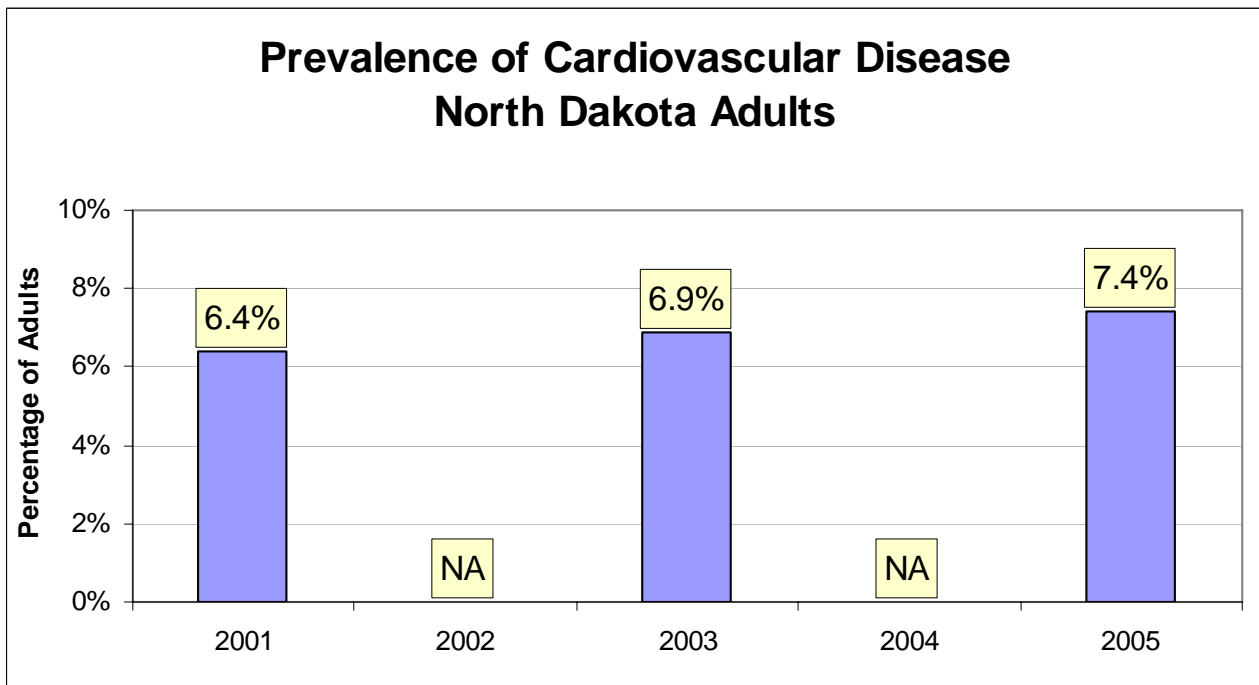
Diabetes in North Dakota

The prevalence of diabetes among North Dakota adults has increased from 3.5 percent in 1990 to 6.7 percent in 2005. As you are researching diabetes prevalence, you may find different estimates of the prevalence rate or the number of adults with diabetes. This is because prevalence estimates are based on an annual survey, the Behavioral Risk Factor Surveillance System (BRFSS). Each year, estimates may change based on the survey results.



Cardiovascular Disease in North Dakota

The prevalence of cardiovascular disease among North Dakota adults was 6.4 percent in 2001, 6.9 percent in 2003 and 7.4 percent in 2005. The BRFSS survey asks adults about a history of heart attack, angina or coronary heart disease, or stroke. A history of any of these conditions indicates the presence of cardiovascular disease.



Links to Internet Sources of Information

North Dakota Department of Health

[Division of Chronic Disease](#) – this is the home page for the division and provides a link to North Dakota fact sheets for diabetes, cardiovascular disease and asthma.

[Diabetes Prevention and Control Program](#)

[Cardiovascular Health Program](#)

[Asthma Information](#)

[Health Data Resources](#) – this page provides several links to national and North Dakota data sources including the Behavioral Risk Factor Surveillance System (BRFSS) and the Youth Risk Behavior Survey (YRBS).

Centers for Disease Control and Prevention (CDC)

[CDC Home Page](#)

[CDC Diabetes Program](#)

[CDC Diabetes Fact Sheet 2005](#)

[CDC Cardiovascular Health Program](#)

[CDC Cardiovascular Health Fact Sheets](#)

[CDC Asthma Program](#)

[Behavioral Risk Factor Surveillance System \(BRFSS\)](#)

[Youth Risk Behavior Survey \(YRBS\)](#)